

You are not alone -  
Please know there is hope.

## ABOUT JDRF

JDRF was founded in 1970 by parents of children with type 1 diabetes. As a result, JDRF volunteers have a personal connection to type 1 diabetes, which translates into an unrelenting commitment to finding a cure. These volunteers are the driving force behind more than 120 locations worldwide that raise money and advocate for government spending for type 1 diabetes research.

Today, JDRF funds more research toward curing Type 1 diabetes than any other non-profit, nongovernmental organization in the world, currently contributing over \$100 million annually

You can find out more about JDRF, or learn about current diabetes research, by going to our website at: [www.jdrf.org](http://www.jdrf.org).

## ABOUT OUR SPONSOR

Both types of bags are underwritten by corporate sponsors and provided to you at no charge. We are proud of our partnership with Roche Diagnostics the world's leading provider of diagnostic systems and decision-oriented health information.



# Your Child's Been Diagnosed With Diabetes ...

## Now what?



*dedicated to finding a cure*

JDRF Greater Blue Ridge Chapter  
3959 Electric Road, #222  
Roanoke, VA 24018  
Phone (540) 772-1975  
(888) 849-0510  
Fax (540) 772-6672  
[www.jdrfgreaterblueridge.org](http://www.jdrfgreaterblueridge.org)

# Ask for a Bag of Hope

**The Juvenile Diabetes Research Foundation (JDRF)** offers a **free** public outreach program to support families with a child that has been newly diagnosed with diabetes. The program's goal is to deliver a care package of information to help families learn more about diabetes, diabetes research and the management and control of this disease. Along with this valuable information about juvenile diabetes, we also partner newly diagnosed families with another family who has been through the same experience.

### WHAT IS THE BAG OF HOPE?

The Bag of Hope is a free canvas tote bag filled with a comprehensive collection of educational, comfort and support material for children of all ages as well as materials for the adult caregiver. Included in the bag are items such as:

- ❖ Rufus (or Ruby) the Bear - a cuddly stuffed animal with diabetes!
  - ❖ Accu-Chek Compact Blood Meter
  - ❖ Carbohydrates Counter Slide Tool
  - ❖ Diabetes books for kids and adults
- ... and much more.
- 

### HOW DOES THE PROGRAM WORK?

When you contact our office, we will give your information to a Bag of Hope volunteer in your area. This volunteer is a parent of a child with diabetes, and he or she will contact you to set up a meeting to deliver the Bag of Hope in person. Visits are scheduled at the mutual convenience of the volunteer and family.

At the meeting, the volunteer will bring the Bag of Hope and talk with the entire family, when possible. The volunteer can answer non-medical questions and share stories about personal experiences. Most importantly, they have been in your shoes and can help to provide a valuable support system for your child and family.

### HOW DO I REQUEST A BAG OF HOPE?

There are three ways to request a Bag of Hope:

1. **Call** us at (888) 849-0510 – or (540) 772-1975
2. **E-mail** your request to us at [greaterblueridge@jdrf.org](mailto:greaterblueridge@jdrf.org)  
Please include your full name, mailing address, telephone number, name, age and sex of your child, month and year of diagnosis.
3. **Return the form** at right by mail or fax to our office.

## Bag of Hope Request Form

Parent's Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Best time to call: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Child's Age: \_\_\_\_\_ Sex:  M  F

Month/Year of Diagnosis: \_\_\_\_\_

In addition to a Bag of Hope, you will automatically receive **Discoveries**, our free quarterly newsletter to keep you abreast of JDRF efforts to find a cure for diabetes. You will also find that information – and other HOPE-filled news at [www.jdrf.org](http://www.jdrf.org). Check regularly for research updates. **Mail your completed form to:**

JDRF Greater Blue Ridge Chapter  
3959 Electric Road, #222  
Roanoke, VA 24018

**Or fax to:**  
(540) 772-6672

*We will connect you with a parent volunteer as soon as possible!*